

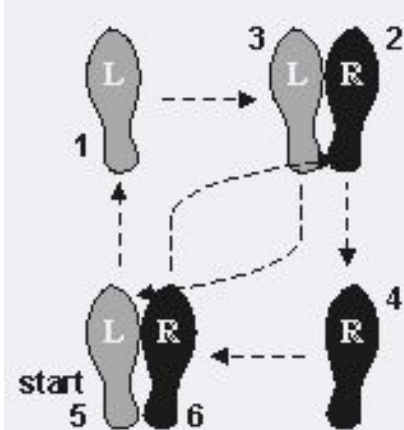


Please review **videos** for the below American-style **Waltz BOX** pattern, at DanceLiteracy.com

	Top of Box			Bottom of Box		
Music						
		2	3	4	5	6
Man	L	R	L	R	L	R
Wo-man	R	L	R	L	R	L
Count	ONE	Two	Three	ONE	Two	Three
Alternate Counts	ONE	Two	Three	FOUR	Five	Six
	Fwd	Side	Close	BACK	Side	Close
	LEFT	Side	Close	RIGHT	Side	Close
	Long	Short	Short	Long	Short	Short
	Down	Up	Up	Down	Up	Up
	BOOM	Tic	Tic	BOOM	Tic	Tic

- The below chart shows 6 steps, counted "1-2-3, 4-5-6". You'll often hear it counted "1-2-3, 1-2-3".
- The '1' and '4' count are slightly heavier than the other counts.
- Important: Step & weight change on EVERY beat of music.
- On 1, M can roll from heel to ball of L foot, to get longer, LOWER fwd. step.
- On 4, M can roll from toe to ball of R foot, to get longer, LOWER back step.

Waltz Box

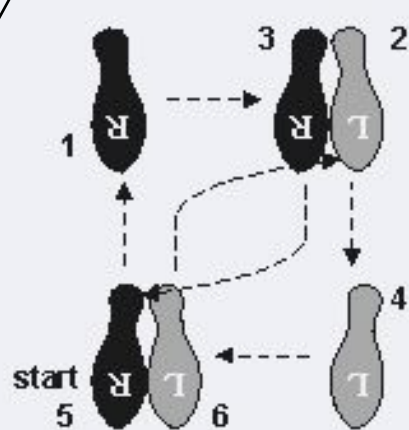


Man's Part:

Note that 6 steps gets you through the pattern. (Counts 1-6, 6 beats of music, step on EVERY beat.)

Note steps 2 & 5 trace perimeter of box, NOT across the diagonal

(Diagram from BallroomDancers.com)



Lady's Part

2/3/2014
countChartWaltz14a1.int